

## Gastric Emptying Study

Your physician has requested that you undergo a nuclear gastric emptying study. This is a simple and non-invasive way to evaluate the emptying of ingested food from your stomach to your intestines. In order to have a successful test it is very important that you follow the instructions given below:

1. You must be NPO (nothing by mouth) after midnight. This means that you should not eat or drink (even moderate to large amounts of water) after midnight.
2. Check with your physician (one who ordered this study) to see which medications should be withheld and for how long before this study. Many medications can affect gastric emptying and knowing which medications to withhold is very important.
3. Bring 2 raw chicken eggs.
4. Study will take at least 90 minutes.

### Study Procedure:

1. Check in the receptionist.
2. Wait 15 to 20 minutes while the eggs are cooked with a small amount of radioactive technetium. The radiation that you will receive from this will be negligible and there will be no taste, smell or ill effects from the technetium.
3. While sitting in front of a camera, you must eat the meal within 10 minutes along with water.
4. The technologist will take images of your stomach every 15 minutes for 90 minutes.

YOUR APPOINTMENT IS ON \_\_\_\_\_ AT \_\_\_\_\_ HOURS

DACH NUCLEAR MEDICINE DEPARTMENT – (254) 288-8290/8291

**\*\*\*\*\*Medical Records NOT needed.\*\*\*\*\***

**\*To avoid unnecessary radioactive material exposure to your children, please DO NOT BRING THEM TO THE CLINIC unless they have a scheduled appointment.**

